

Scott Wells

Flying ≠ Jumping

A 5 day Intensive on Contact Improv

Jan 19th -23rd, 2011 Victoria, B.C.



This is the workshop where Scott teaches all his crazy lifts. In this Intermediate workshop we will start with clear, satisfying contact in which pleasure is the first teacher. We will practice **flying, catching**, landing, **fluid acrobatics** and **deft maneuvers**. For the acrobatics everyone will work at their own level and will learn best by building group safety and trust-- everyone will do something new. We will learn some repertory and practice taking the **aerial** work into improv. Jumping ≠ Flying because jumping is a muscular action, whereas flying is in the bones and is affected greatly by emotions and attitude. Don't be scared off by the photo, no-one is required to leap over chairs!

In teaching 20+ years of flying workshops, Scott continues to develop the work, infusing it with **subtle Somatics** to enrich body awareness, **deepen the pleasure** and **heighten abilities**. In his choreography, Scott rigorously investigates **partnering** and **acrobatics**, thus enabling him to bring **unique movement** and training to his workshops.

For an example of Scott's innovative work, check out this 1 minute trailer:

<http://www.youtube.com/watch?v=6h1-LQ0Dufo>

In 1981 **Scott Wells** discovered the pleasure of contact improvisation shortly after becoming obsessed with the struggles of modern dance. He stuck with both and currently directs a company in San Francisco and tours annually to Europe. In 2005 and 2010 Scott received the Izzie (Isadora Duncan-San Francisco's most prestigious dance award) for Best Choreography and was selected by Dance Magazine as "one of the 25 To Watch". Wells has been practicing Alexander Technique for twenty years and BMC for ten. He recently completed his certification in Radical Counseling.

"An electrifying style of contact improvisation" San Francisco Weekly

"...high-energy, forward-thinking freakouts of really expressive dance with wit, humour..." San Francisco Weekly

"...the first to make dances in this idiom that are deeply musical, somehow "normal", imaginative, witty, often hilarious, sometimes fierce..." Dance View Times

Workshop Deets:

Where: Dance Victoria Studios (formerly Victoria Arts Connection)
2750 Quadra Street, (between Hillside and Topaz)
http://www.mapquest.com/mq/8-b3yFFv9ddE9X**xkbvHX

When: Wednesday, Jan 19th, Registration 9:30, Studio available for warm up 9:30, Class 10-4pm.
Thursday, Jan 20th, 11-4pm
Friday, Jan 21st, 11-6pm
Saturday, Jan 22nd, 2:30-9:00pm
Sunday, Jan 23rd, 10-4pm

Early registration = low-stress workshop planning! Register early and receive big discounts!

Super Early Registration	Post marked by Nov 17 th	\$330
Early Registration	Post marked by Dec 15 th	\$360
Regular rate	After Dec 15 th	\$400

Send Non Refundable deposit of \$75 to: Helen Tudway-Cains, 2516 Prior Street, Victoria, B.C. V8T 3X6.
For info call (778) 433-3120 or tchelen@gmail.com

Feeling the need for economy? Postering as work exchange is needed now. Contact me soon.